EDITORIAL

New Beginnings

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Greetings from the Editor's desk,

New beginnings always bring us hope and positivity, something really needed after the agonizing year that passed. We the Orthopaedic community of Kerala suffered immense loss and sorrow and faced many a hardship in the past year.

The year saw us all masked in anxiousness and lonely and isolated amidst fears, and when the going got harder, when we reached the end of the rope, in true Orthopaedic fashion, we tied a knot and held stronger.

As part of new beginnings, we are starting two new features from this edition onwards. A feature called Legacy in which a senior member reminisces of his mentor which I'm sure will go a long way in familiarizing the young orthopod with the glorious history of orthopaedics in our state and the other is PG corner with invited articles aimed at tackling theory in exams along with an image / orthopedic quiz.

The health of a journal and its relevance depends a lot on the level of buzz and activity around it. This high level of activity is possible only with inputs from each individual member of our organization. Planning of journal clubs with constructive criticism on articles in KJO will go a long way in improving contents as well as familiarizing the journal to youngsters.

There was a suggestion to bring out an additional albeit smaller issue on complications alone, not confining to operative issues alone. All contributions to this are welcomed.

I do not think it's appropriate as an editor of a journal especially in these modern times to talk about intuitions or gut feeling. Still I will risk and stick my neck out.. there

are times I feel that a case series or personal experience narrated from a clear mind with an honest heart goes along way in influencing and correcting young surgeons.^{1,2} I remember a chat I had with a senior member of ours in which he compared surgeons to monks. The young guy joins a monastery and he starts to walk, talk, eat, dress and pray like the master, purely mechanically at first, but somewhere down the line during his journey of perpetual mimicry knowledge dawns on him.. and perhaps a transfer of intuition. I do see the other side of this, but I found this comparison hard to ignore. Informative case reports /series play a significant role in igniting minds. So along with the original articles we would like to extend our welcome to case reports also. As most of our members are busy individual practitioners with immense experience I'm sure the case reports will be quite illuminating.

Hope is important because it can make the present less difficult to bear. Let this year bring better tidings to all academically and personally.

END NOTE

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